

Nutrient supply during toddlerhood

HiPP COMBIOTIC® Growing-up Milk

For healthy development all the way up to nursery-school age



Information for healthcare professionals

Nutrient supply in toddlers is often suboptimal

New KiESEL study shows: still unfavorable nutrient intake of toddlers and preschool children¹



Growing-up milk improves the supply of critical nutrients

Critical nutrients can be obtained from a balanced diet. However, the supply is inadequate.^{2,3} Various human studies have already investigated the contribution of growing-up milk to nutrient supply and have shown that growing-up milk improves nutrient intake and nutrient supply.4,5,6,7,8,9

European Society for Paediatric Gastroenterology, Hepatology, and Nutrition (ESPGHAN) thus **recommends:** Growing-up milk can be used as part of a strategy to increase the intake of iron, vitamin D, and polyunsaturated fatty acids and decrease the intake of protein.³



Comparison of nutrient intake: daily diet, HiPP Growing-up milk 2+ and cow's milk

Compared to cow's milk, HiPP Growing-up milk is better at providing critical nutrients.

Particularly critical: Vitamin D

Adequate supply of vitamin D for toddlers is important for:

- Bones and teeth
- The immune system
- Possible protective effects for type I/II diabetes, cardiovascular and autoimmune diseases and tumours¹¹



Significantly higher 25(OH)D serum concentrations in the growing-up milk group (with average intake of 7.1 g or 284 IU/day)

Particularly valuable: natural lactic acid cultures (*L. fermentum*^{**}) and dietary fibres (GOS^{****})

The first 3 years of life are crucial for the development of the intestinal flora.^{11,12}

Like the whole COMBIOTIK[®] range, HiPP Growing-up milk COMBIOTIK[®] contains an unique combination of natural lactic cultures and dietary fibres. Together they are particularly valuable.



HiPP COMBIOTIK[®] Growing-up Milk

✓ Composition meets current recommendations

- Reduced protein and fat content to suit the needs of children
- Specially adapted amounts of critical nutrients
 - + Iron
 - + Iodine
 - + Vitamin D
 - Protein
 - Saturated fatty acids

Benefits demonstrated in study*

- Improved nutrient supply from drinking growing-up milk
- Significantly improved vitamin D levels in winter and safe to consume in summer

Contains proven ingredients

- Lactic acid culture
 *L. fermentum***
 (originally obtained from human milk)***
- Valuable GOS**** fibres





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- * HiPP COMBIOTIK® Growing-up milk 2+ with 2.9 μg /100 ml vitamin D
- ** Limosilactobacillus fermentum CECT 5716
- $^{\ast\ast\ast}\,$ Human milk contains a large number of natural cultures that can vary from mother to mother
- **** Galacto-oligosaccharides obtained from lactose

References

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