

The GOLF III trial: recently published in AJCN

# HiPP COMBIOTIC<sup>®</sup> shows positive effects on gut microbiota profiles



Information for healthcare professionals

## Modelled on human milk

Human milk is the gold standard in infant nutrition. With its probiotic and prebiotic components, it has a significant influence on the composition of an infant's gut microbiota and ensures a beneficial intestinal environment.

Which parameters contribute to a good intestinal environment?

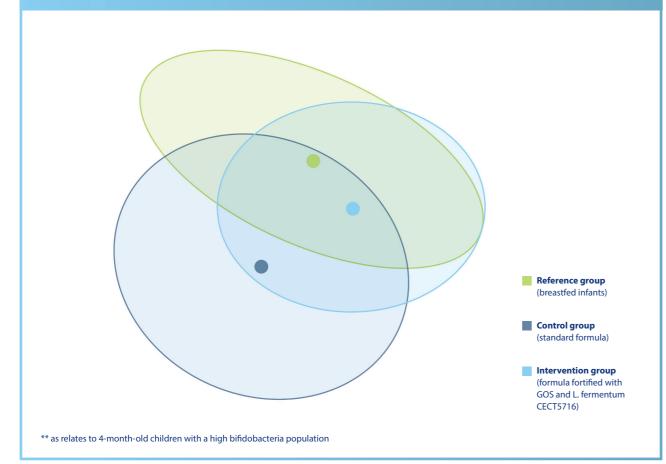
- Short-chain fatty acids lower the intraluminal pH
- A low pH reduces the survival of pathogenic bacteria
- Lactobacilli and bifidobacteria ensure a balanced intestinal microbiota
- High water content in infant stool is associated with softer stool consistency

#### The new GOLF\* III trial shows:

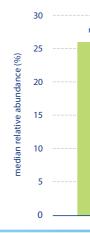
A synbiotic infant formula fortified with GOS and Limosilactobacillus fermentum CECT5716 leads to similar intestinal parameters as in breastfed infants.

\*GOLF = GOS + L. fermentum

The gut microbiota of infants in the intervention group is more similar to that of breastfed infants.<sup>\*\*</sup> (schematic illustration)



The abundance of bifidobacteria in infants of the intervention group does not differ significantly from breastfed infants.



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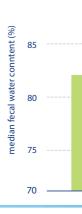
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The stool pH in infants of the intervention group is significantly lower than in infants of the control group. It is similar to the stool pH in breastfed infants.

The water content in the stool is significantly higher in infants of the intervention group and comparable to breastfed infants.

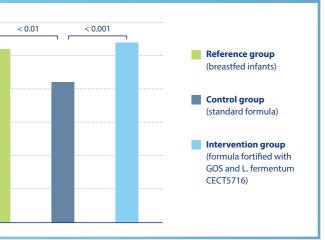


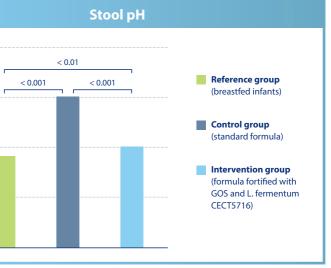
#### **Conclusion:**

A synbiotic infant formula with L. fermentum CECT5716 and GOS supports a gut microbiota and intestinal environment more similar to breastded infants.

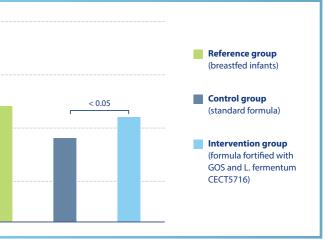






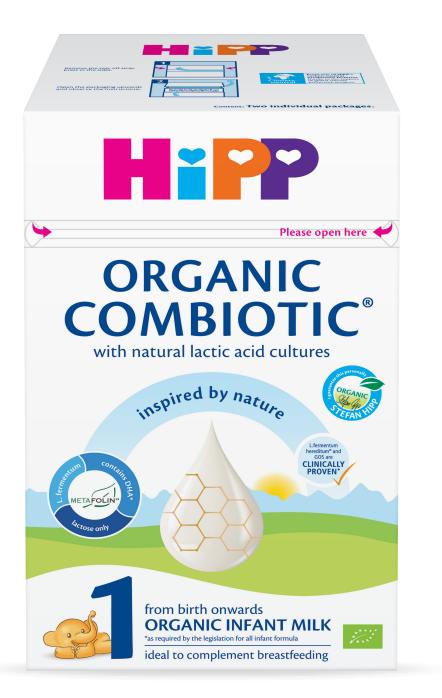


#### Water content in the stool





### HiPP COMBIOTIC<sup>®</sup> Science and nature hand in hand





#### UNIQUE

A unique combination of pro- and prebiotics that is inspired by nature



### ORGANIC

We are fully comitted to organic farming.



**Source:** Lagkouvardos I et al. Early life gut microbiota profiles linked to synbiotic formula effects: a radomized clinical trial in European infants. Am J Clin Nutr 2023; 117 (2): 326–339.

#### Important information:

Breastfeeding is best for babies. Infant formula should only be given upon the advice of paediatricians, midwives or other independent experts.

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